

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Cambrian Memory Care



9:15 **Destress & Stretch** 1
 10:00 *Hula Hoop Toss*
 1:00 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 *Noodle Ball!!!!*

May Day

9:15 **Happy Feet/Upper** 2
body Strengthening
 10:00 Morning Movie
 2:30 *One on One Hand*
Massages
 3:00 Refreshments
 3:15 *White Board Activity*

9:15 **Sunday Morning** 3
Stretch
 9:30 **1:1 LE Room Visits**
 10:30 Worship Online
 2:30 *Sing Along Hymns*
& refreshments

9:15 **Destress & Stretch** 4
 9:30 *White Board Trivia*
 10:00 Classic Morning
 TV Shows
 1:30 **Creative Coloring**
 2:30 Refreshments
 3:00 **ACE Bingo!!!**

9:15 **Happy Feet/Upper** 5
body strengthening
 10:00 *"Head Bandz"*
 3:00 *Happy Hour*
 4:00 *Noodle Ball*

Cinco de Mayo

9:15 **Destress & Stretch** 6
 10:30 *Craft & Connect*
"Painting Pots" Pt 1
 1:30 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 **Sing Along**

9:15 **Happy Feet/Upper** 7
body strengthening
 10:30 *Scarves in motion!*
 1:30 Afternoon TV Shows
 3:00 *Happy Hour*
 4:00 *Musical Bingo*

9:15 **Destress & Stretch** 8
 10:00 *Hula Hoop Toss*
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 *Noodle Ball!!!!*

9:15 **Happy Feet/Upper** 9
body Strengthening
 10:00 Morning Movie
 2:30 *One on One Hand*
Massages
 3:00 Refreshments
 3:15 *White Board Activity*

9:15 **Sunday Morning** 10
Stretch
 9:30 **1:1 LE Room Visits**
 10:30 Worship Online
 2:30 *Sing Along Hymns*
Happy Mother's Day!

Mother's Day

9:15 **Destress & Stretch** 11
 9:30 *White Board Trivia*
 10:00 Classic Morning
 TV Shows
 1:30 **Creative Coloring**
 2:30 Refreshments
 3:00 **ACE Bingo!!!**

9:15 **Happy Feet/Upper** 12
body strengthening
 10:00 *"Head Bandz"*
 3:00 *Happy Hour*
 4:00 *Noodle Ball*

9:15 **Destress & Stretch** 13
 10:30 *Craft & Connect*
"Seed Planting" Pt 2
 1:30 **1:1 LE Room Visits**
 2:30 *Mother's Day*
Tea Party!
 3:00 Refreshments
 4:00 **Sing Along**

9:15 **Happy Feet/Upper** 14
body strengthening
 10:30 *Scarves in motion!*
 1:30 Afternoon TV Shows
 3:00 *Happy Hour*
 4:00 *Musical Bingo*

9:15 **Destress & Stretch** 15
 10:00 *Hula Hoop Toss*
 1:00 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 *Noodle Ball!!!!*

9:15 **Happy Feet/Upper** 16
body Strengthening
 10:00 Morning Movie
 2:30 *One on One Hand*
Massages
 3:00 Refreshments
 3:15 *White Board Activity*

Armed Forces Day

9:15 **Sunday Morning** 17
Stretch
 9:30 **1:1 LE Room Visits**
 10:30 Worship Online
 2:30 *Sing Along Hymns*
 3:45 *Tecumseh Schools*
Musicians Performance

9:15 **Destress & Stretch** 18
 9:30 *White Board Trivia*
 10:00 Classic Morning
 TV Shows
 1:30 **Creative Coloring**
 2:30 Refreshments
 3:00 **ACE Bingo!!!**

Victoria Day (Canada)

9:15 **Happy Feet/Upper** 19
body strengthening
 10:00 *"Head Bandz"*
 3:00 *Happy Hour*
 4:00 *Noodle Ball*

9:15 **Destress & Stretch** 20
 10:30 *Spa Day!*
 1:30 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 **Sing Along**

9:15 **Happy Feet/Upper** 21
body strengthening
 10:30 *Scarves in motion!*
 1:30 Afternoon TV Shows
 3:00 *Happy Hour*
 4:00 *Musical Bingo*

Shavuot Begins

9:15 **Destress & Stretch** 22
 10:00 *Houla Hoop Toss*
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 *Noodle Ball!!!!*

9:15 **Happy Feet/Upper** 23
body Strengthening
 10:00 Morning Movie
 2:30 *One on One Hand*
Massages
 3:00 Refreshments
 3:15 *White Board Activity*

9:15 **Sunday Morning** 24
Stretch 24
 9:30 **1:1 LE Room Visits**
 10:30 Worship Online
 2:30 *Sing Along Hymns*
& refreshments

9:15 **Destress & Stretch** 25
 10:00 Classic Morning
 TV Shows
 2:30 Refreshments
 3:00 *White Board Trivia*
Happy Memorial Day!!

Memorial Day

9:15 **Happy Feet/Upper** 26
body strengthening 26
 10:00 *"Head Bandz"*
 3:00 *Happy Hour*
 4:00 *Noodle Ball*

9:15 **Destress & Stretch** 27
 10:30 *Craft & Connect*
"Cupcake Wrapper
Flowers"
 1:30 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 **Sing Along**

9:15 **Happy Feet/Upper** 28
body strengthening 28
 10:30 *Scarves in motion!*
 1:30 Afternoon TV Shows
 3:00 *Happy Hour*
 4:00 *Musical Bingo*

9:15 **Destress & Stretch** 29
 10:00 *Hula Hoop Toss*
 1:00 Afternoon Movie
 1:30 **1:1 LE Room Visits**
 3:00 Refreshments
 4:00 *Noodle Ball!!!!*

9:15 **Happy Feet/Upper** 30
body Strengthening 30
 10:00 Morning Movie
 2:30 *One on One Hand*
Massages
 3:00 Refreshments
 3:15 *White Board Activity*

9:15 **Sunday Morning** 31
Stretch 31
 9:30 **1:1 LE Room Visits**
 10:30 Worship Online
 2:30 *Sing Along Hymns*
& refreshments

