December 2023

ITS SNOW MUCH FUN!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:15 Motivational Movement 10:30 Brain Teasers 1:30 **Corn Hole** 2:30 Snack Time 3:00 **Noodle Ball** 6:00 Retro TV	**2** 9:15 Destress & Stretch 10:00 Morning Movie 1:00 **GAME TIME** 2:30 Snack Time 3:00 Travelogue
3 9:15 Morning Stretch 10:00 Worship Online 1:00 **Derby Dash** 2:30 Refreshments 3:00 Hymn Sing-along	**4** 9:15 Motivational Movement 10:30 Walking Club 1:30 **Ring Toss** 2:30 Snack Time 6:00 Retro TV	**5** 9:15 Destress & Stretch 11:00 **Bowling** 1:00 Sing Along 2:30 Happy Hour 3:30 **Noodle Ball** 6:00 Movie	**6** 9:15 Motivational Movement 10:30 Trivia 1:30 **Game time** 2:30 Snack Time 3:00 **ACE** Bingo 6:00 Retro TV	**7** 9:15 **Cardio Drumming** 10:30 Tic Tac Toe 2:00 **Catch and Release** 2:30 Happy Hour 3:00 Sing Along 6:00 **Movie** Hanukkah Begins	**8** 9:15 Motivational Movement 10:30 Brain Teasers 1:30 **Ladies Holiday Spa** 2:30 Snack Time 3:00 **Noodle Ball** 6:00 Retro TV	**9** 9:15 Destress & Stretch 10:00 Morning Movie 1:00 **GAME TIME** 2:30 Snack Time 3:00 Travelogue
10 9:15 Morning Stretch 10:00 Worship Online 1:00 **Name That Tune** 2:30 Refreshments 3:00 Hymn Sing-along	**11** 9:15 Motivational Movement 10:30 Walking Club 1:30 **Ring Toss** 2:30 Snack Time 6:00 Retro TV	**12** 9:15 Destress & Stretch 10:30 **Craft Time** 1:00 Sing Along 2:30 Happy Hour 3:30 **Noodle Ball**	**13** 9:15 Motivational Movement 10:30 Trivia 1:30 **Game time** 2:30 Snack Time 3:00 **ACE** Bingo 6:00 Retro TV	**14** 9:15 **Cardio Drumming** 10:30 Tic Tac Toe 2:00 **Catch and Release** 2:30 Happy Hour 3:00 Sing Along 6:00 **Movie**	**15** 9:15 Motivational Movement 10:30 Brain Teasers 1:30 **Corn Hole** 2:30 Snack Time 3:00 **Noodle Ball** 6:00 Retro TV	**16** 9:15 Destress & Stretch 10:00 Morning Movie 1:00 **GAME TIME** 2:30 Snack Time 3:00 Travelogue
17 9:15 Morning Stretch 10:00 Worship Online 1:00 **Derby Dash** 2:30 Refreshments 3:00 Hymn Sing-along	**18** 9:15 Motivational Movement 10:30 Walking Club 1:30 **Ring Toss** 2:30 Snack Time 6:00 Retro TV	**19** 9:15 Destress & Stretch 11:00 **Bowling** 1:00 Sing Along 2:30 Happy Hour 3:30 **Noodle Ball** 6:00 Movie	**20** 9:15 Motivational Movement 10:30 Trivia 1:30 **Game time** 2:30 Snack Time 3:00 **ACE** Bingo 6:00 Retro Tv	**21** 9:30 **Cardio Drumming** 10:30 Tic Tac Toe 2:00 **Catch and Release** 2:30 Happy Hour 3:00 Sing Along 6:00 **Movie** Winter Begins	**22** 9:15 Motivational Movement 10:30 Brain Teasers 1:30 **Cooking Group** 2:30 Snack Time 3:00 **Noodle Ball** 6:00 Retro TV	**23** 9:15 Destress & Stretch 10:00 Morning Movie 1:00 **GAME TIME** 2:30 Snack Time 3:00 Travelogue
24 9:15 Morning Stretch 10:00 Worship Online 1:00 **Name That Tune** 2:30 Refreshments 3:00 Hymn Sing-along	**25** 9:15 Motivational Movement 10:30 Walking Club 1:30 **Ring Toss** 2:30 Snack Time 6:00 Retro TV Christmas	**26** 9:15 Destress & Stretch 11:00 **Bowling** 1:00 Sing Along 2:30 Happy Hour 3:30 **Noodle Ball** Boxing Day (Canada) Kwanzaa Begins	**27** 9:15 Motivational Movement 10:30 Trivia 1:30 **Game time** 2:30 Snack Time 3:00 **ACE** Bingo 6:00 Retro TV	**28** 9:30 **Cardio Drumming** 10:30 Tic Tac Toe 2:00 **Catch and Release** 2:30 Happy Hour 3:00 Sing Along 6:00 **Movie**	**29** 9:15 Motivational Movement 10:30 Brain Teasers 1:30 **Corn Hole** 2:30 Snack Time 3:00 **Noodle Ball** 6:00 Retro TV	**30** 9:15 Destress & Stretch 10:00 Morning Movie 1:00 **GAME TIME** 2:30 Snack Time 3:00 Travelogue
31 9:15 Morning Stretch 10:00 Worship Online 1:00 **Derby Dash** 2:30 Refreshments 3:00 Hymn Sing-along New Year's Eve						

Cambrian Memory Care