

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

December 2023

						1 11:00 Basketball 1:00 Table Talk- A Historical Mystery 2:00 Walking Club 4:00 "White Christmas"	2 11:00 Morning Movement 2:30 Refreshments 4:00 Relaxing Music
3 10:30 Hymn Sing 1:00 Lions Football 4:00 Devotion & Songs	4 9:30 Morning Makeovers 11:00 Music n Motion 1:00 Table Talk 2:00 Walking Club 4:00 Open Art	5 11:00 Noodle ball 1:00 Table Talk 4:30 Visit with Santa & Mrs. Claus	6 10:30 Stretch & Flex 1:00 Table Talk 2:00 Walking Club 4:00 Sing Along with Suzy Q	7 9:30 Morning Makeovers 10:30 Noodle ball 3:00 Light Supper 4:00 Christmas Pary!	8 11:00 Basketball 1:00 Table Talk 2:00 Christmas Card Club 4:00 "Elf"	9 11:00 Morning Movement 2:30 Refreshments 4:00 Relaxing Music	
10 10:30 Hymn Sing 1:00 Lions Football 4:00 Devotion & Songs	11 9:30 Motivated & Moving w/Glenna 11:00 Music n Motion 1:00 Table Talk 2:00 Walking Club 4:00 Open Art	12 11:00 Noodle ball 1:00 Making Waves Art 5:00 Christmas Lights & Cookies Tour	13 10:30 Stretch & Flex 1:00 Table Talk 2:00 Hand Care 4:00 Gift Wrapping Glee	14 9:30 Morning Makeovers 10:30 Noodle ball 1:00 BINGO 3:30 SLEHS Band & Choir Holiday Performance	15 11:00 Basketball 1:00 Table Talk- 2:00 Walking Club 4:00 "Holiday Inn"	16 11:00 Morning Movement 2:30 Refreshments 4:00 Classic TV	
17 10:30 Hymn Sing 1:00 Lions Football 4:00 Devotion & Songs	18 9:30 Morning Makeovers 11:00 Music n Motion 1:00 Table Talk 2:00 Walking Club 4:00 Open Art	19 11:00 Noodle ball 1:00 Table Talk 3:30 Happy Hour Christmas Carol Karaoke	20 10:30 Stretch & Flex 1:00 Table Talk 2:00 Walking Club 4:00 Wheel of Fortune	21 9:30 Morning Makeovers 10:30 Noodle ball 1:00 BINGO 4:00 Happy Hour - Mother & Daughter Piano Duets	22 11:00 Basketball 1:00 Table Talk 2:00 Hand Care 4:00 Christmas Carol Sing-a-Long	23 11:00 Morning Movement 2:30 Refreshments 4:00 Relaxing Music	
24 10:30 Hymn Sing 1:00 Lions Football 4:00 Devotion & Songs	25  Christmas	26 11:00 Noodle ball 1:00 Table Talk 3:30 Happy Hour Boxing Day (Canada) Kwanzaa Begins	27 10:30 Stretch & Flex 1:00 Table Talk 2:00 Hand Care 4:00 Candy Canes & Cocoa Social	28 9:30 Morning Makeovers 10:30 Noodle ball 1:00 Music w/Ty & Nat 4:00 Happy Hour	29 11:00 Basketball 1:00 Table Talk 2:00 Walking Club 4:00 "The Nutcracker"	30 11:00 Morning Movement 2:30 Refreshments 4:00 Classic TV	
31 10:30 Hymn Sing 1:00 Happy New Year Toast & Games 4:00 Devotion & Songs New Year's Eve	