

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2023 Cambrian Memory Care			9:15 Motivational Movement 10:30 Trivia 1:30 Game time 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	9:15 Cardio Drumming 10:30 Catch the Ball 1:00 Afternoon TV 2:00 Catch the Ball 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	9:15 Motivational Movement 10:30 Brain Teasers 1:30 Horse Races 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue
9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along	9:15 Motivational Movement 10:30 Walking Club 1:30 Mini Golf 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows	9:15 Exercise 10:30 Craft Time 1:00 Sing Along 2:30 Happy Hour 3:30 Noodle Ball 6:00 Movie	9:15 Motivational Movement 10:30 Walking Club 1:30 Game time 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	9:30 Cardio Drumming 10:30 Trivia 1:00 Afternoon TV 2:00 Catch the Ball 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	9:15 Motivational Movement 10:30 Ladies Spa Day 1:30 Horse Races 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue Veterans Day Remembrance Day (Canada)
9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along Diwali (Hindi)	9:15 Motivational Movement 10:30 Walking Club 1:30 Mini Golf 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows	9:15 Exercise 10:30 Craft Time 1:00 Sing Along 2:30 Happy Hour 3:30 Noodle Ball 6:00 Movie	9:15 Motivational Movement 10:30 Walking Club 1:30 Game time 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	9:30 Cardio Drumming 10:30 Trivia 1:00 Afternoon TV 2:00 Catch the Ball 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	9:15 Motivational Movement 10:30 Brain Teasers 1:30 Cooking Group 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue
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