

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along	2 9:15 Motivational Movement 10:30 Trivia 1:30 <i>Cooking Group</i> 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows	3 9:15 Exercise 10:30 <i>Craft Time</i> 2:30 Happy Hour 3:00 Sing Along 3:30 Noodle Ball 6:00 Movie	4 9:15 Motivational Movement 10:30 Trivia 1:30 Games in the Courtyard 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	5 9:15 Exercise 10:30 Catch the Ball 1:30 Cardio Drumming 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	6 9:15 Motivational Movement 10:30 Brain Teasers 1:30 Mini Golf 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	7 9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue Simchat Torah Begins
8 9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along	9 9:15 Motivational Movement 10:30 Trivia 1:30 <i>Cooking Group</i> 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	10 9:15 Exercise 10:30 <i>Craft Time</i> 2:30 Happy Hour 3:00 Sing Along 3:30 Noodle Ball 6:00 Movie	11 9:15 Motivational Movement 10:30 Trivia 1:30 Games in the Courtyard 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	12 9:15 Exercise 10:30 Catch the Ball 1:30 Cardio Drumming 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	13 9:15 Motivational Movement 10:30 Brain Teasers 1:30 Mini Golf 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	14 9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue
15 9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along	16 9:15 Motivational Movement 10:30 Trivia 1:30 <i>Cooking Group</i> 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows	17 9:15 Exercise 10:30 <i>Craft Time</i> 2:30 Happy Hour 3:00 Sing Along 3:30 Noodle Ball 6:00 Movie	18 9:15 Motivational Movement 10:30 Trivia 1:30 Games in the Courtyard 2:30 Snack Time 3:00 ACE Bingo 6:00 Classic TV Shows	19 9:15 Exercise 10:30 Catch the Ball 1:30 Cardio Drumming 2:30 Happy Hour 3:00 Sing Along 6:00 Movie	20 9:15 Motivational Movement 10:30 Brain Teasers 1:30 Mini Golf 2:30 Snack Time 3:00 Ladder Ball 6:00 Classic TV Shows	21 9:15 Exercise 10:00 Morning Movie 1:00 Game Time 2:30 Snack Time 3:00 Travelogue
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29 9:15 Morning Stretch 10:00 Worship Online 1:00 Name That Tune 2:30 Refreshments 3:00 Hymn Sing-along	30 9:15 Motivational Movement 10:30 Trivia 1:30 <i>Cooking Group</i> 2:30 Snack Time 3:00 Basketball 6:00 Classic TV Shows	31 9:15 Exercise 10:30 <i>Craft Time</i> 2:30 Happy Hour 3:00 Sing Along 3:30 Noodle Ball 6:00 Movie Halloween	October 2023 Cambrian Memory Care			