

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Memory Care

			9:15 Exercise 10:15 Happy Feet 11:00 – 2:00 Bowling at Ten Pin Alley 2:30 Snack Time 3:30 Music Hour 6:00 The Waltons	9:15 Exercise 10:15 Let's Get Movin' 11:00 Word Games 1:00 Bean Bag Toss 2:30 Happy Hour 3:30 Ace Bingo 6:00 The Golden Girls	9:15 Exercise 10:00 Comedy Hour 1:00 Word Fun 2:00 Snack Time 4:30 Trivia Time 6:00 Family Affair	10:00 Morning Movement 1:00 Conversation Cards 2:30 Snack Time 4:00 Small Groups 6:00 TV Classics "Little House"
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Snack Time 3:30 Game Time 6:00 Red Skelton Show	9:15 Exercise 10:15 Let's Get Active 11:00 Trivia 1:30 Cooking Group 2:30 Snack Time 4:00 Time for Laughs 6:00 Beverly Hillbillies Purim Begins	9:15 Exercise 10:15 Let's Get Movin' 11:00 Word Games 1:30 Funny Baby Video 2:30 Happy Hour 3:30 Ace Bingo 6:00 Father Knows Best	9:15 Exercise 10:00 Victor Borge 1:00 Movie 2:30 Snack Time 4:30 Hymn Sing 6:00 The Waltons	9:15 Exercise 10:15 Fitness Fun 11:30 Brain Teasers 2:30 Happy Hour 3:30 Crafts w/ Julie 4:15 Music Time w/Julie 6:00 The Golden Girls	9:15 Exercise 10:15 Time to Move 11:00 Word Fun 1:30 Ace Bingo 2:30 Snack Time 4:30 Balloon Hockey 6:00 Family Affair	10:00 Morning Movement 1:00 Silly Jokes 2:30 Snack Time 4:00 Small Groups 6:00 TV Classics "Leave It To Beaver"
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Snack Time 3:30 Game Time 6:00 Red Skelton Show Daylight Saving Time Begins	9:15 Exercise 10:15 Let's Get Active 11:00 Trivia 1:30 Cooking Group 2:30 Snack Time 3:30 Noodle Ball 6:00 Beverly Hillbillies	9:15 Exercise 10:15 Let's Get Movin' 11:00 Word Games 1:30 Forest Humor 2:30 Happy Hour 3:30 Ace Bingo 6:00 Father Knows Best	9:15 Exercise 10:15 Happy Feet 11:00 Name 5 1:00 Make Suncatchers 2:30 Snack Time 4:30 Ball Toss 6:00 The Waltons	9:15 Exercise 10:15 Fitness Fun 11:30 Brain Teasers 1:30 Leprechaun puzzle 2:30 Happy Hour 3:30 Ace Bingo 6:00 The Golden Girls	9:00 Exercise 10:00 Irish Luck Movie 1:00 After Lunch Stretch 2:30 Snack Time 4:30 St. Patty Trivia 6:00 Family Affair St. Patrick's Day	10:00 Morning Movement 1:00 Short Stories 2:30 Snack Time 3:30 Small Groups 6:30 TV Classics "Andy Griffith Show"
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Snack Time 3:30 Game Time 6:00 Red Skelton Show	9:15 Exercise 10:15 Let's Get Active 11:00 Trivia 1:30 Cooking Group 2:30 Snack Time 4:00 Time for Laughs 5:30 Shar Pei Puppies Spring Begins	9:15 Exercise 10:15 Let's Get Movin' 11:00 Word Games 1:30 1960's History 2:30 Happy Hour 3:30 Ace Bingo 6:30 Father Knows Best	9:15 Exercise 10:15 Happy Feet 11:00 Name 5 1:00 Button Art 2:30 Snack Time 4:30 Sing a long 6:00 The Waltons Ramadan Begins	9:15 Exercise 10:15 Fitness Fun 11:30 Brain Teasers 1:00 Ladder Ball 2:30 Happy Hour 3:30 Crafts w/ Julie 4:15 Music Time w/Julie 6:00 The Golden Girls	9:15 Exercise 10:00 Piano Guys 1:00 After Lunch Stretch 2:30 Snack Time 4:30 Balloon Hockey 6:00 Family Affair	10:00 Morning Movement 1:00 Conversation Cards 2:30 Snack Time 3:30 Small Groups 6:00 TV Classics "I Love Lucy"
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Snack Time 3:30 Game Time 6:00 Red Skelton Show	9:30 Exercise 10:15 Let's Get Active 11:00 Trivia 1:30 Cooking Group 2:30 Snack Time 4:15 Time for Laughs 6:00 Beverly Hillbillies	9:15 Exercise 10:00 Movie 1:00 Little House 2:30 Happy Hour 4:30 Music Time 6:00 Father Knows Best	9:30 Exercise 10:15 Happy Feet 1:00 Movie 2:30 Snack Time 4:30 Music Hour 6:00 The Waltons	9:00 Morning Music 10:00 Chair Exercises 1:00 Trivia 2:00 Happy Hour 4:15 Sing a long 6:00 The Golden Girls	9:30 Exercise 10:00 Morning Movie 1:00 Move n Groove 2:30 Snack Time 4:30 Name 5 6:00 Family Affair	