

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2022

Cambrian Memory Care

						10:00 Morning Movement 11:00 Reminisce 1:00 TV Classics 2:30 Refreshments 3:30 Small Groups 6:30 Color/Drawing
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Refreshments 3:30 Game Time 6:30 Music/Relaxation	9:30 Motown Mondays 11:00 Walking Club 2:30 Refreshments 3:30 Noodle Ball 6:30 Evening at the Movies	9:30 Exercise 10:15 Fitness Fun 11:00 Open Art 2:30 Happy Hour-Nat'l Taco Day 3:30 Let's Get Movin' 6:30 Hand Care Yom Kippur Begins	9:30 Out and About 11:00 Name 5 11:00 Communion 1:30 Flower Arranging 2:30 Refreshments 3:00 Ping Pong 6:30 Coloring/Drawing	9:30 Exercise 10:15 Fitness Fun 11:00 Information Station 1:30 Sing-a-long 2:30 Happy Hour-Alice in Wonderland 3:30 Let's Get Movin' 6:30 Music & Relaxation	9:30 Exercise 10:15 Time to Move 11:00 Walking Club 2:00 Chili Cook Off! 3:30 Balloon Hockey 6:30 Evening at the Movies	10:00 Morning Movement 11:00 Reminisce 1:00 TV Classics 2:30 Refreshments 3:30 Small Groups 6:30 Color/Drawing
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Refreshments 3:30 Game Time 6:30 Music/Relaxation Sukkot Begins	9:30 Motown Mondays 11:00 Walking Club 2:30 Refreshments 3:30 Noodle Ball 6:30 Evening at the Movies Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	9:30 Exercise 10:15 Fitness Fun 11:00 Open Art 2:30 Happy Hour-Charcuterie 3:30 Let's Get Movin' 6:30 Hand Care	9:30 Out and About 11:00 Name 5 11:00 Communion 1:30 Flower Arranging 2:30 Refreshments 3:00 Ping Pong 6:30 Coloring/Drawing	9:30 Exercise 10:15 Fitness Fun 11:00 Information Station 1:30 Sing-a-long 2:30 Happy Hour-Breast Cancer Awareness Day 3:30 Let's Get Movin' 6:30 Music & Relaxation	9:30 Exercise 10:15 Time to Move 11:00 Walking Club 1:30 Open Art 2:30 Refreshments 3:30 Balloon Hockey 6:30 Evening at the Movies	10:00 Morning Movement 11:00 Reminisce 1:00 TV Classics 2:30 Refreshments 3:30 Small Groups 6:30 Color/Drawing
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Refreshments 3:30 Game Time 6:30 Music/Relaxation	9:30 Motown Mondays 11:00 Walking Club 2:30 Refreshments 3:30 Noodle Ball 6:30 Evening at the Movies Simchat Torah Begins	9:30 Exercise 10:15 Fitness Fun 11:00 Open Art 2:30 Happy Hour-Nat'l Chocolate Cupcake Day 3:30 Let's Get Movin' 6:30 Hand Care	9:30 Out and About 11:00 Name 5 11:00 Communion 11:30 OUT and ABOUT 1:30 Flower Arranging 2:30 Refreshments 3:00 Ping Pong 6:30 Coloring/Drawing	9:30 Exercise 10:15 Fitness Fun 11:00 Information Station 1:30 Sing-a-long 2:30 Happy Hour-Chick n Dip 3:30 Let's Get Movin' 6:30 Music & Relaxation	9:30 Exercise 10:15 Time to Move 11:00 Walking Club 1:30 Open Art 2:30 Refreshments 3:30 Balloon Hockey 6:30 Evening at the Movies	10:00 Morning Movement 11:00 Reminisce 1:00 TV Classics 2:30 Refreshments 3:30 Small Groups 6:30 Color/Drawing
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Refreshments 3:30 Game Time 6:30 Music/Relaxation	9:30 Motown Mondays 11:00 Walking Club 2:30 Refreshments 3:30 Noodle Ball 6:30 Evening at the Movies Diwali (Hindi)	9:30 Exercise 10:15 Fitness Fun 11:00 Open Art 2:30 Happy Hour-Nat'l Fried Food Day 3:30 Let's Get Movin' 6:30 Hand Care	9:30 Out and About 11:00 Name 5 11:00 Communion 1:30 Flower Arranging 2:30 Snack Time 3:00 Ping Pong 6:30 Coloring/Drawing	9:30 Exercise 10:15 Fitness Fun 11:00 Information Station 1:30 Sing-a-long 2:30 Happy Hour-Fall Treats 3:30 Let's Get Movin' 6:30 Music & Relaxation	9:30 Exercise 10:15 Time to Move 11:00 Walking Club 1:30 Open Art 2:30 Refreshments 3:30 Balloon Hockey 6:30 Evening at the Movies	10:00 Morning Movement 11:00 Reminisce 1:00 TV Classics 2:30 Refreshments 3:30 Small Groups 6:30 Color/Drawing
10:00 Morning Movement 11:00 Travelogue 1:00 Hymn Sing-along 2:30 Refreshments 3:30 Game Time 6:30 Music/Relaxation	9:30 Motown Mondays 11:00 Walking Club 2:30 Refreshments 3:30 Noodle Ball 6:30 Evening at the Movies Halloween					

