



South Lyon 3

Day 3 Fall Winter Menu Meal	Sunday February 6	Monday February 7	Tuesday February 8	Wednesday February 9	Thursday February 10	Friday February 11	Saturday February 12
Breakfast 8AM	Corn Beef Hash Scrambled Eggs Rye Toast Orange Slices Coffee/Tea Juice/Milk	Cinnamon French Toast Sticks Maple Syrup Eggs Sausage Links Coffee/Tea Juice/Milk	Oatmeal with Banana Bacon Omelet Coffee/Tea Juice/Milk	Biscuits Scrambled Eggs Sausage Patty Fruit Coffee/Tea Juice/Milk	Strawberry Yogurt & Berries Ham & Cheese Egg Bake Coffee/Tea Juice/Milk	Vegetable Egg Hashbrown Casserole Fruit Buttery Toast Coffee/Tea Juice/Milk	Oatmeal With Brown Sugar & Raisins Eggs Bacon Coffee/Tea Juice/Milk
Lunch 12PM	Oven Baked BBQ Chicken Sweet Potato Roasted Cauliflower Peach Pie Juice/Milk Coffee/Tea	Cheesesteak Hoagie Ketchup Onion Petals Strawberry Shortcake Juice/Milk Coffee/Tea	Southwest Chicken Salad Tortilla Strips Ranch Dressing Dinner Roll Butternut Squash Soup Carrot Cake Juice/Milk Coffee/Tea	Vegetable Lasagna Garden Salad Thousand Island Dressing Breadstick Ice Cream Juice/Milk Coffee/Tea	Meatloaf Gravy Mashed Potato Fried Cabbage Hawaiian Roll Coconut Cake Juice/Milk Coffee/Tea	Parmesan Crusted Tilapia Roasted Spaghetti Squash Northwest Vegetables Boston Cream Pie Juice/Milk Coffee/Tea	Beef Stroganoff Egg Noodles Peas Ice Cream Juice/Milk Coffee/Tea
Dinner 5PM	Macaroni & Cheese Stewed Tomatoes Sherbet Cup Juice/Milk Coffee/Tea	Chicken Wonton Soup Vegetable Egg Roll Sweet Sour Sauce Fresh Baked Cookie Juice/Milk Coffee/Tea	Cheese Pizza Caprese Salad Chocolate Eclairs Juice/Milk Coffee/Tea	Italian Pita Wrap Pasta Salad Strawberry Pudding Parfait Juice/Milk Coffee/Tea	Turkey Sub Chips Roasted Vegetable Soup Crackers Jell-o Juice/Milk Coffee/Tea	Chicken Fingers Honey Mustard Ketchup French Fries Pickled Cucumbers Assorted Desserts Juice/Milk Coffee/Tea	Turkey Divan Cranberry Relish Fresh Baked Cookies Juice/Milk Coffee/Tea