

South Lyon 4

Day 4 Fall Winter Menu Meal	Sunday January 9	Monday January 10	Tuesday January 11	Wednesday January 12	Thursday January 13	Friday January 14	Saturday January 15
Breakfast 8AM	Pancakes Maple Syrup Scrambled Eggs Sausage Links Coffee/Tea Juice/Milk	Cinnamon Rolls Scrambled Eggs Bacon Banana Coffee/Tea Juice/Milk	Biscuits Sausage Gravy Eggs Orange Slices Coffee/Tea Juice/Milk	Oatmeal With Blueberries Greek Scramble English Muffin Coffee/Tea Juice/Milk	Coffee Cake Fresh Pineapple Bacon Eggs Coffee/Tea Juice/Milk	Ham Slices Egg Bake Buttery Toast Melon Bowl Coffee/Tea Juice/Milk	Oatmeal Brown Sugar & Raisins Bacon Eggs Coffee/Tea Juice/Milk
Lunch 12PM	Cabbage Rolls Buttered Carrots Yeast Roll Chocolate Poundcake Juice/Milk Coffee/Tea	Shrimp Fried Rice Potstickers Teriyaki Veggies Ice Cream Juice/Milk Coffee/Tea	Grilled Steak Mushroom/Onion With Wine Sauce Loaded Mash Potato Tuscan Veggies Chocolate Eclairs Juice/Milk Coffee/Tea	Grilled Chicken Pita Pickled Red Onions Tzatziki Sauce Rice Pilaf Roasted Veggies Cannoli Juice/Milk Coffee/Tea	Grilled Lambchops Parmesan Orzo Roasted Asparagus Yellow Cake With Chocolate Frosting Juice/Milk Coffee/Tea	Blackened Salmon Over Ultimate Caesar Salad Garlic Breadstick Ice cream Bar Juice/Milk Coffee/Tea	Bratwurst Burger Peppers/ Onions Pierogies Mustard /Ketchup Fresh Baked Cookie Juice/Milk Coffee/Tea
Dinner 5PM	Grilled Ham (1) & Cheese Broccoli & Cheddar Soup Fresh Baked Cookie Juice/Milk Coffee/Tea	Chili Dogs Fries Mustard/Ketchup Coleslaw Caramel Brownie Juice/Milk Coffee/Tea	Turkey With Provolone On a Croissant Lettuce/Tomato Carrot Raisin Salad Tapioca Pudding Juice/Milk Coffee/Tea	Pesto Tortellini Dinner Roll Caprese Salad Fresh Baked Cookie Juice/Milk Coffee/Tea	Roast Beef & Cheddar Lettuce/ Tomato Wrap Pasta Salad Ice Cream Juice/Milk Coffee/Tea	Reuben Quiche French Onion Soup Crackers Assorted Desserts Juice/Milk Coffee/Tea	Egg Salad Sandwich Lettuce /Tomato Chips Pickle Cream Of Potato Soup Jell-o Cup Juice/Milk Coffee/Tea