



South Lyon 1

Day 1 Fall Winter Menu Meal	Sunday January 23	Monday January 24	Tuesday January 25	Wednesday January 26	Thursday January 27	Friday January 28	Saturday January 29
Breakfast 8AM	Assorted Danish Banana Scrambled Egg Bacon Coffee/Tea Juice/Milk	French Toast Sticks Maple Syrup Fresh Berries Sausage Patty Coffee/Tea Juice/Milk	Biscuits Sausage Gravy Eggs Melon Coffee/Tea Juice/Milk	Banana Nut Muffin Cheesy Egg Bake Bacon Coffee/Tea Juice/Milk	Oatmeal Brown Sugar & Raisins Eggs Smokey Links Coffee/Tea Juice/Milk	Ham & Cheese Scramble Buttery English Muffin Peaches Coffee/Tea Juice/Milk	Coffee Cake Fresh Pineapple Eggs Bacon Coffee/Tea Juice/Milk
Lunch 12PM	Sweet & Savory Meatballs Rice Peas Boston Cream Pie Juice/Milk Coffee/Tea	Gourmet Chicken Bacon Swiss Sandwich Lettuce/ Tomato Mustard/ Ketchup Onion Straws Blooming Onion Sauce Juice/Milk Coffee/Tea	Spaghetti with Meat Sauce Caesar Salad Breadstick Pound Cake With Strawberry Sauce Juice/Milk Coffee/Tea	Fried Chicken Mashed Potato With Gravy Buttered Corn Spice Cake Juice/Milk Coffee/Tea	Crumb Topped Cod Rice Pilaf Saute Spinach Lemon Pie Juice/Milk Coffee/Tea	French Dip Sub Caramelized Onions Au Jus French Fries Ice Cream Juice/Milk Coffee/Tea	Supreme Pizza Caprese Salad Cannoli Juice/Milk Coffee/Tea
Dinner 5PM	Cheese Quesadilla Chicken Soup Ice Cream Juice/Milk Coffee/Tea	Turkey Tetrazzini Yeast Roll Fresh Baked Cookie Juice/Milk Coffee/Tea	Ham & Cheddar Lettuce/Tomato Croissant Macaroni Salad Sherbet Cup Juice/Milk Coffee/Tea	Sloppy Joe/Jane Baked Beans Tapioca Pudding Juice/Milk Coffee/Tea	Hot Dog Mustard/ Ketchup Relish/Onions Onion Rings Oreo Whip Juice/Milk Coffee/Tea	Savory Chicken Pot Pie Soup Fresh Baked Cookie Juice/Milk Coffee/Tea	Ultimate Beef Stew Yeast Roll Ice cream Juice/Milk Coffee/Tea