



South Lyon 3

Day 3 Summer Fall Menu Meal	Sunday October 3	Monday October 4	Tuesday October 5	Wednesday October 6	Thursday October 7	Friday October 8	Saturday October 9
Breakfast 8AM	French Toast Sticks Syrup Scrambled Egg Bacon Coffee/Tea Juice/Milk	Sausage Gravy Biscuits Eggs Orange Slices Coffee/Tea Juice/Milk	Cereal Cheesy Eggs Smokey Links Fresh Grapes Coffee/Tea Juice/Milk	Banana Bread Eggs Bacon Fresh Berries Coffee/Tea Juice/Milk	Blueberry Muffin Fruit Plate Cottage Cheese Coffee/Tea Juice/Milk	Ham & Veggie Quiche Tropical Fruit Coffee/Tea Juice/Milk	Corn Beef Hash Eggs Rye Toast Coffee/Tea Juice/Milk
Lunch 12PM	Savory Roasted Lamb Chops Creamy Mushroom Risotto Prince Charles Veggies Boston Cream Pie Juice/Milk Coffee/Tea	Sweet & Sour Chicken Rice Egg Roll Stir Fry Veggies Orange Whip Juice/Milk Coffee/Tea	Meatloaf Mash Potato Green Beans Dinner Roll Strawberry Shortcake Juice/Milk Coffee/Tea	Cambrian Supreme Pizza Garden Salad Breadstick Cannoli Juice/Milk Coffee/Tea	Creole Sausage & Chicken Pasta Hawaiian Roll Cheesecake Juice/Milk Coffee/Tea	Fried Chicken Macaroni & Cheese Chalet Veggies Peach Pie Juice/Milk Coffee/Tea	Spaghetti With Meatballs Breadstick Classic Caprese Salad Chocolate Cake Juice/Milk Coffee/Tea
Dinner 5PM	Italian Sub Sub Sandwich Chips BLT Pasta Salad Ice Cream Juice/Milk Coffee/Tea	Tuna Pasta Salad On a Bed of Lettuce Tomato Wedges Crackers Fresh Baked Cookie Juice/Milk Coffee/Tea	Turkey Broccoli Cheddar Casserole Bread & Butter Cream Puffs Juice/Milk Coffee/Tea	Roast Beef & Provolone Panini Vegetable Soup Ice Cream Bar Juice/Milk Coffee/Tea	Sloppy Joe/ Jane Sandwich French Fries Butterscotch Pudding Parfait Juice/Milk Coffee/Tea	Gourmet Grilled Ham Cheese Tomato Tortellini Soup Assorted Desserts Juice/Milk Coffee/Tea	Quiche Lorraine Cream of Cheddar Broccoli Soup Fresh Baked Cookies Juice/Milk Coffee/Tea