



South Lyon 3

Day 3 Summer Fall Menu Meal	Sunday September 5	Monday September 6	Tuesday September 7	Wednesday September 8	Thursday September 9	Friday September 10	Saturday September 11
Breakfast 8AM	Banana Bread Scrambled Egg Sausage Links Fresh Pineapple Coffee/Tea Juice/Milk	Eggs Corn Beef Hash Rye Toast Orange Slices Coffee/Tea Juice/Milk	Cereal Eggs Lorraine Bake Smokey Links Fresh Grapes Coffee/Tea Juice/Milk	Pancake Sausage Stick Maple Syrup Fresh Berries Coffee/Tea Juice/Milk	Blueberry Muffin Fruit Plate Cottage Cheese Coffee/Tea Juice/Milk	Ham & Veggie Quiche Tropical Fruit Coffee/Tea Juice/Milk	Biscuits Eggs Sausage Gravy Fruit Coffee/Tea Juice/Milk
Lunch 12PM	Glazed Ham Sweet Potato Mash Green Beans Dinner Roll Peach Pie Juice/Milk Coffee/Tea	Stuffed Peppers In Sauce Honey Roasted Carrots French Roll Apple Turnover Juice/Milk Coffee/Tea	Tortellini Pesto Alfredo Roasted Asparagus Garlic Bread Banana Pudding Juice/Milk Coffee/Tea	Seasoned Oven Baked Chicken Herb Gravy Scalloped Potato Chalet Veggies Triple Chocolate Mousse Parfait Juice/Milk Coffee/Tea	Meatloaf Gravy Mashed Potato Prince Charles Blend Veggies Hawaiian Roll Ice Cream Juice/Milk Coffee/Tea	Creole Sausage Chicken Pasta Breadstick Cheesecake Juice/Milk Coffee/Tea	Turkey Club Sandwich Chips Fresh Melon Carrot Cake Juice/Milk Coffee/Tea
Dinner 5PM	Italian Sub Sub Sandwich Tomato Tortellini Soup Ice Cream Juice/Milk Coffee/Tea	Ham & Cheddar Panini Wild Rice Soup Fresh Baked Cookie Juice/Milk Coffee/Tea	Sloppy Joe/Jane Sandwich Mustard Ketchup French Fries Oreo Whip Juice/Milk Coffee/Tea	Rigatoni With Parmesan Kale Mushroom Sauce Dinner Roll Raspberry Sherbet Cup Juice/Milk Coffee/Tea	Turkey Ala King With Toast Points Cranberry Sauce Pumpkin Pie Juice/Milk Coffee/Tea	Gourmet Grilled Ham Cheese Cucumber Slices Tomato Basil Soup Assorted Desserts Juice/Milk Coffee/Tea	Tuna On a Bed of Lettuce Tomato Slices Crackers Cream of Broccoli Soup Butterscotch Pudding Parfait Juice/Milk Coffee/TGea