



South Lyon 5

Day Fall 5 Winter Menu Meal	Sunday February 7	Monday February 8	Tuesday February 9	Wednesday February 10	Thursday February 11	Friday February 12	Saturday February 13
Breakfast 8AM	Strawberry Yogurt Parfait Fruit Melon Bowl Egg Omelet Coffee/Tea Juice/Milk	Oatmeal Eggs Sausage Links Kiwi Slices Coffee/Tea Juice/Milk	Oatmeal Bacon Eggs Buttery Toast Coffee/Tea Juice/Milk	Cereal Blueberry Muffin Cottage Cheese Sausage Patty Coffee/Tea Juice/Milk	Pancake Stick Maple Syrup Eggs Tropical Fruit Coffee/Tea Juice/Milk	Oatmeal Ham & Cheese Croissant Sandwich Hash Brown Patty Coffee/Tea Juice/Milk	Oatmeal Eggs Sausage Links Buttery Toast Coffee/Tea Juice/Milk
Lunch 12PM	Spaghetti With Meat sauce Caesar Salad Garlic Bread Chocolate Eclairs Juice/Milk Coffee/Tea	Brown Sugar Glazed Ham Macaroni & Cheese Prince Charles Medley Dinner Roll Carrot Cake Juice/Milk Coffee/Tea	Oven Roasted Turkey Herb Gravy Mashed Potato Yellow Squash Hawaiian Roll Cranberry Sauce Chocolate Mousse Juice/Milk Coffee/Tea	Crab Cakes With Remoulade Sauce Herb Spring Mix Medley Corn Chowder Soup Key Lime Pie Juice/Milk Coffee/Tea	Sweet & Sour Chicken Rice Pot stickers Dipping Sauce Far East Blend Veggies Carrot Cake Juice/Milk Coffee/Tea	Steak Fajitas Peppers & Onions Cheese/ Sour Cream Black Beans Tres leches Cake Juice/Milk Coffee/Tea	Supreme Pizza Garden Salad Breadstick Ice Cream Sundae Juice/Milk Coffee/Tea
Dinner 5PM	Gourmet Grilled Cheese Chips Pickle Creamy Tomato Soup Tapioca Pudding Juice/Milk Coffee/Tea	Turkey Ala 'King Toast Points Fresh Baked Cookie Juice/Milk Coffee/Tea	Beef Stroganoff Parslied Noodles Peas Dinner Roll Fruited Jell-O Juice/Milk Coffee/Tea	Chicken Salad With Gourmet Crackers Greek Lemon Soup Ice Cream Juice/Milk Coffee/Tea	Rigatoni With Fresh Italian Sausage & Bok Choy Juice/Milk Coffee/Tea	Reuben Quiche Crackers Butternut Squash Soup Assorted Desserts Juice/Milk Coffee/Tea	Homestyle Chicken Sandwich Lettuce/Tomato Cheese Sweet Potato Fries Chocolate Brownie Juice/Milk Coffee/Tea