

# South Lyon 1

Day Fall 1 Winter Menu Meal	Sunday January 10	Monday January 11	Tuesday January 12	Wednesday January 13	Thursday January 14	Friday January 15	Saturday January 16
<b>Breakfast 8AM</b>	Apple Fritter Fresh Pineapple Cheesy Eggs Smokey Links Coffee/Tea Juice/Milk	Oatmeal Scrambled Eggs Buttered Toast Fresh Grapes Coffee/Tea Juice/Milk	Cereal French Toast Sticks Maple Syrup Bacon Berries Coffee/Tea Juice/Milk	Cereal Ham & Cheese Croissant Hash Brown Patty Pears Coffee/Tea Juice/Milk	Oatmeal Confetti Eggs Sausage Links Toast Coffee/Tea Juice/Milk	Eggs Lorraine Quiche Bacon Orange Slices Coffee/Tea Juice/Milk	Blueberry Muffin Cottage Cheese Sausage Patty Peaches Coffee/Tea Juice/Milk
<b>Lunch 12PM</b>	Manicotti Roasted Carrots Forest Berry Pie Juice/Milk Coffee/Tea	Sweet & Sour Chicken Rice Pot Stickers Dipping Sauce Far East Veggies Mint Chocolate Chip Ice Cream Juice/Milk Coffee/Tea	Steak Soft Taco Lettuce/ Tomato Sour Cream Salsa Verde Mexican Street Corn Churro Donut Juice/Milk Coffee/Tea	Crab Cakes With Remoulade Sauce Spinach Berry Salad Herbed Tri Color Roasted Potato Raspberry Shortcake Cake Juice/Milk Coffee/Tea	Meat Loaf Mash Potato Gravy Southern Style Green Beans Cherry Turnover Juice/Milk Coffee/Tea	Supreme Pizza Garden Salad Garlic Breadstick Cannoli Juice/Milk Coffee/Tea	Seasoned Chicken Herbed Gravy Au gratin Potato Spinach Peach Pie Juice/Milk Coffee/Tea
<b>Dinner 5PM</b>	Bacon Cheeseburger Lettuce / Tomato Mustard / Ketchup Fries Chocolate Pudding Parfait Juice/Milk Coffee/Tea	Turkey Tetrazzini Dinner Roll Fresh Baked Cookie Juice/Milk Coffee/Tea	Ultimate Macaroni & Cheese Stewed Tomato Hawaiian Roll Brownie Juice/Milk Coffee/Tea	Philly Cheesesteak Peppers/ Onions Fries Ketchup Chocolate Mousse Juice/Milk Coffee/Tea	Shredded Chicken Gyro Tzatziki Sauce Pickles/ Hummus Red Onions Mediterranean Soup Fresh Baked Cookie Juice/Milk Coffee/Tea	Grilled Cheese Tomato Basil Soup Pickle Assorted Desserts Juice/Milk Coffee/Tea	Goulash Yeast Roll Ice cream with Carmel Sauce Juice/Milk Coffee/Tea