

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymn Sing	2 9:30 Tai Chi 10:00 Visits with Volunteer 1:30 Happy Feet 2:00 Drum Circle 3:00 Short Stories 4:00 Rest and Relax 6:00 Monday Movie:	3 9:30 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring	4 Beauty Shop 9:30 Exercise 1:00 Walking Club 2:15 Bible Study 3:00 Snack Social 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	5 9:30 Stretch & Flex 10:00 Trivia 2:00 Helen's Piano 3:00 Thirsty Thursday 6:00 Jackson French Quarter Band (AL)	6 9:30 Bible Study/ Ron 3:30 Music & Mocktails 3:30 Michigan Live Birds (AL) 4:00 Rest and Relax 6:00 Movie	7 10:00 Morning Music 11:00 Conversation Club 1:30 Happy Feet 2:30 Snack Social 4:00 Reminisce 6:30 Manicures
8 3:00 Worship Service Broadcasted on YouTube 6:30 Hymn Sing	9 9:30 Tai Chi 1:30 Happy Feet 3:00 Short Stories 4:00 Rest and Relax 6:00 Monday Movie:	10 10:00 AM Exercise 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring	11 Beauty Shop 9:30 AM Exercise 1:00 Walking Club 2:15 Bible Study 3:00 Snack Social 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	12 9:30 Stretch & Flex 10:00 Trivia 2:00 Sing a long 2:30 Thirsty Thursday 3:30 Reminisce 4:00 Rest and Relax 6:00 Hand Massage & Relaxation	13 10:00 AM Exercise 10:30 Name 5 2:30 Snack Social 4:00 Rest and Relax 6:00 Movie & Popcorn:	14 10:00 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest & Relax 6:30 Manicures /
15 Daylight Saving 3:00 Worship Service Broadcasted on YouTube 6:30 Hymns Sing	16 9:30 Tai Chi 11:00 Sing a long/ Irish Songs 2:30 Snack Social 3:00 Short Stories 6:00 Monday Movie:	17 St Patrick's Day Wear Your Green: Prize Awarded 10:00 AM Exercise 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring	18 Beauty Shop 10:30 Craft Connection 1:00 Walking Club 2:15 Bible Study 2:30 Snack Social 3:00 Rest & Relaxation 6:00 Conversation Club & Reminisce	19 9:30 Stretch & Flex 10:00 Trivia 1:30 Happy Feet 2:00 Sing a long 2:30 Snack Social 6:00 Hand Massage & Relaxation	20 9:30 Morning Music 10:00 Exercise 3:00 Music & Mocktails 4:00 Rest & Relax 6:00 Movie Night:	21 10:00 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest and Relax 6:30 Manicures/ Sentimental Reflections
22 3:00 3:00 Worship Service Broadcasted on YouTube 6:30 Hymns Sing	23 9:30 Tai Chi 2:30 Snack Social 4:00 Rest & Relaxation 6:30 Monday Movie	24 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring	25 Beauty Shop 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:15 Bible Study 3:00 Rest and Relaxation 4:00 Rest & Relax 6:00 Conversation Club & Reminisce	26 9:30 AM Exercise 10:00 Baseball Tigers Opening Day/ Fun Facts/ Games 12:00 Themed Lunch 1:00 Walking Club 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation (AL)	27 10:00 Exercise 1:30 Out And About 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night:	28 10:00 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Reminisce 6:30 Manicures / Sentimental Reflections
29 3:00 Worship Service Broadcasted on YouTube 6:30 Hymns Sing	30 9:30 Tai Chi 11:00 Reminisce 3:00 Short Stories 4:00 Rest & Relaxation 6:00 Netflix Night	31 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest & Relaxation	 			

Cambrian Senior Living *333 N. Occidental Hwy * Tecumseh, MI 49286 * www.cambrianseniorliving.com * 517-423-5300 * Like us on Facebook
 Activities are subject to change; Outings can be canceled due to extreme weather; please see daily sheets for adjustments/changes. ***Beauty Salon & Manicures by Appointment**