

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Outings scheduled weather permitting.  Activities are subject to change, please see daily sheets posted at Cambrian	 <b>Beauty Salon &amp; Manicures by Appointment</b>	February 2020				1 9:15 Morning Music 11:00 Conversation Club 1:30 Happy Feet 2:30 Snack Social 4:00 Reminisce 6:30 Manicures
2 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymn Sing	3 9:30 Tai Chi 10:00 Visits with Volunteer 1:30 Happy Feet 2:00 Drum Circle 3:00 Short Stories 4:00 Rest and Relax 6:00 Monday Movie:	4 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	5 <b>Beauty Shop</b> 10:30 Craft Connection 1:00/1:30 Ashes Distributed 1:45 Walking Club 2:30 Snack Social 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	6 <b>Manicures</b> 9:30 Stretch & Flex 10:00 Trivia 2:00 Piano with Helen 2:30 Thirsty Thursday 3:30 Reminisce 4:00 Rest and Relax 6:00 Hand Massage & Relaxation	7 9:30 Bible Study 10:00 Exercise 1:30 Happy Feet 2:30 Snack Social 4:00 Rest and Relax 6:00 Movie & Popcorn:	8 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest & Relax 6:30 Manicures /
9 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	10 9:30 Tai Chi 10:00 Visits with Volunteer 10:30 Craft Connection 11:00 Piano 2:30 Snack Social 3:00 Short Stories 6:00 Monday Movie:	11 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	12 <b>Beauty Shop</b> 10:30 Craft Connection 1:30 Happy Feet 2:30 Snack Social 3:00 Rest & Relaxation 6:00 Conversation Club & Reminisce	13 9:30 Stretch & Flex 10:00 Trivia 1:30 Happy Feet 2:00 Piano with Helen 2:30 Snack Social 6:00 Hand Massage & Relaxation	14 9:30 Morning Music 10:00 Exercise 3:00 Music & Mocktails <b>3:30 Valentines Tea (AL)</b> 4:00 Rest & Relax 6:00 Movie Night:	15 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Rest and Relax 6:30 Manicures/ Sentimental Reflections
16 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	17 9:30 Tai Chi 10:00 Visits with Volunteer 2:30 Snack Social <b>3:00 Entertainment</b> 4:00 Rest & Relaxation 6:30 Monday Movie:	18 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	19 <b>Beauty Shop</b> 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 4:00 Rest & Relax 6:00 Conversation Club & Reminisce	20 <b>Manicures</b> 10:00 AM Exercise/ Trivia 1:30 Happy Feet 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation (AL)	21 10:00 Exercise 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night:	22 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Reminisce 6:30 Manicures / <i>Sentimental Reflections</i>
23 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	24 9:30 Tai Chi 10:30 Bowling Outing 11:00 Reminisce 3:00 Short Stories 4:00 Rest & Relaxation 6:00 Netflix Night	25 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest & Relaxation 6:00 Adult Coloring	26 <b>Beauty Shop</b> 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 6:00 Conversation Club & Reminisce	27 9:30 Stretch & Flex 10:00 Trivia 2:00 Helen's Piano 3:00 Thirsty Thursday 6:00 Hand Massage & Relaxation	28 10:00 Exercise 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night:	29 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Reminisce 6:30 Manicures / <i>Sentimental Reflections</i>