

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AL= Assisted Living

Beauty Salon &
Manicures
by Appointment

November 2019



AL= Assisted Living		Beauty Salon & Manicures by Appointment 				November 2019 				1 9:30 Bible Study/Ron 10:45 Painted Owl 2:30 Afternoon Snack 3:30 Finish the Phrase 6:30 Movie & Popcorn:	2 9:00 Parachute 2:30 Ace Bingo 6:30 Manicures
3 9:30 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymn Sing	4 9:30 AM Exercise 1:30 Happy Feet 2:00 Afternoon Snack 3:30 Name that Tune 6:00 Monday Night	5 10:00 AM Exercise 11:30 Visits wit h Kathy 1:00 Happy Feet 2:00 Chimes Concert (AL) 4:00 Reminisce 6: 00 Adult Coloring	6 Beauty Shop 9:30 AM Exercise 10:30 Trivia 2:30 Bible Study 4:00 Would Your Rather 6:00 Conversation Club & Reminisce	7 9:30 Happy Feet 10:30 Finish the Phrase 2:15 Piano with Helen 3:00 Afternoon Snack 6:00 Band Concert (AL)	8 Podiatry 9:30 AM Exercise 10:00 Bible Study/Tom 3:00 Afternoon Snack 3:30 Would You Rather 6:30 Movie & Popcorn:	9 10:00 Finish the Phrase 2:30 Afternoon Snack 3:00 Happy Feet 6:30 Manicures					
10 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	11 9:30 Noodle Ball 10:00 Visits with Renee 10:15 Drum Circle 1:30 Stuff the Turkey 2:30 Afternoon Snack 6:00 Movie Night	12 9:00 Music in the Morning 10:00 AM Exercise 11:30 Visits with Kathy 4:00 Reminisce 6:00 Adult Coloring	13 Beauty Shop 9:15 Stretch 10:00 2:30 Bible Study 3:30 Pumpkin Bowling 6:00 Conversation Club & Reminisce	14 9:30 Stretch & Flex 10:00 2:15 Helen's Piano 3:00 Afternoon Snack 4:00 Happy Feet 6:00 Hand Massage & Relaxation	15 9:30 AM Exercise 10:15 2:30 Music & Mocktails 3:30 Name 5 6:00 Movie & Popcorn	16 10:00 Parachute 1:30 Happy Feet 2:30 Afternoon Snack 6:30 Manicures					
17 10:00 Rosary & Catholic Visitors 3:00 Worship Service 6:30 Hymns Sing	18 9:30 Exercise with US 10:00 Visits with Renee 2:30 Afternoon Snack 3:00 Concert 6:30 Monday Movie:	19 10:00 AM Exercise 11:30 Visits with Kathy 3:00 Reminisce 4:00 Discussion Group	20 Beauty Shop 9:15 Exercise 10:00 Would You Rather 2:30 4:00 Afternoon Melodies 6:00 Conversation Club & Reminisce	21 9:30 Stretch & Flex 10:30 Finish the Phrase 2:15 Helen's Piano 3:30 JCC Jazzy Jets Concert 6:00 Hand Massage & Relaxation	22 9:30 Noodle Ball 10:30 Sweet Stories 2:30 Reminisce 3:30 Holiday Memories 6:00 Movie & Popcorn:	23 10:00 Finish the Phrase 1:15 Ace Bingo 6:30 Manicures					
24 10:00 Rosary & Catholic Visitors 3:00 Worship Service 6:30 Hymns Sing	25 9:30 Exercise with US 10:00 Visits with Renee 2:00 Afternoon Snack 3:30 Reminisce 6:00 Documentary:	26 10:00 AM Exercise 11:30 Visits with Kathy 3:00 Reminisce 6:30 Adult Coloring	27 Beauty Shop 10:00 Exercise 11:00 Trivia 1:30 Happy Feet 4:00 I Hear Memories 6:00 Conversation Club & Reminisce	28 Thanksgiving Day 9:30 Stretch & Flex 10:00 Finish the Phrase 2:00 Afternoon Snack 6:00 Hand Massage & Relaxation	29 9:30 Noodle Ball 10:30 Sweet Stories 2:30 Reminisce 3:30 6:00 Movie & Popcorn:	30 10:00 Finish the Phrase 1:15 Ace Bingo 6:30 Manicures					