

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AL= Assisted Living Beauty Salon & Manicures by Appointment 		1 10:00 AM Exercise 11:30 Visits with Kathy 1:30 Happy Feet 2:00 Flower Arranging 4:00 Reminisce 6: 00 Adult Coloring	2 Beauty Shop 9:15 AM Stretch 1:30 Music to My Ears 2:30 Afternoon Snack 6:00 Conversation Club & Reminisce	3 10:30 Happy Feet 2:15 Piano with Helen 2:30 Afternoon Snack 1:30 Happy Feet 3:30 Courtyard Club	4 9:30 Bible Study/Ron 10:00 Fall Facts 2:30 Afternoon Snack 3:30 Finish the Phrase 6:30 Movie & Popcorn:	5 9:00 Parachute 2:30 Ace Bingo 6:30 Manicures
6 9:30 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymn Sing	7 9:30 Basket-ball 10:00 Drum Circle 1:30 Happy Feet 2:00 Afternoon Snack 3:30 Name that Tune 6:00 Monday Night Movie	8 10:00 AM Exercise 11:30 Visits with Kathy 1:00 Happy Feet 1:45 Drum Circle 2:00 Flower Arranging 4:00 Reminisce 6: 00 Adult Coloring	9 Beauty Shop 9:15 Cardio Drumming 2:30 Bible Study 10:30 Lunch Outing 6:00 Conversation Club & Reminisce	10 10:30 Happy Feet 2:15 Piano with Helen 3:00 Afternoon Snack 3:30 Pumpkin Decorating	11 Podiatry 9:30 AM Exercise 10:00 Bible Study/Tom 3:00 Afternoon Snack 3:30 Would You Rather 6:30 Movie & Popcorn:	12 10:00 Finish the Phrase 2:30 Afternoon Snack 3:00 Happy Feet 6:30 Manicures
13 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	14 9:30 Noodle Ball 10:00 Visits with Renee 1:30 Band 2:30 Afternoon Snack 6:00	15 9:00 Music in the Morning 10:00 AM Exercise Lunch Outing 11:30 Visits with Kathy 3:30 Pumpkin Decorating 6:00 Adult Coloring	16 Beauty Shop 9:15 AM Stretch 10:00 Pumpkin Bowling 2:30 Bible Study 3:30 Jokes and Riddles 6:00 Conversation Club & Reminisce	17 9:30 Stretch & Flex 10:00 Happy Feet 2:15 Helen's Piano 3:00 Afternoon Snack 4:00 Happy Feet 6:00 Hand Massage & Relaxation	18 9:30 AM Exercise 2:30 Music & Mocktails 6:00 Movie & Popcorn	19 10:00 Parachute 1:30 Happy Feet 2:30 Afternoon Snack 4:00 Reminisce 6:30 Manicures
20 10:00 Rosary & Catholic Visitors 3:00 Worship Service 6:30 Hymns Sing	21 9:30 Exercise with US 10:00 Visits with Renee 10:30 Morning Music 2:30 Afternoon Snack 3:00 Fall Project 6:30 Monday Movie:	22 10:00 AM Exercise 11:30 Visits with Kathy 2:00 Flower Arranging 4:00 Discussion Group	23 Beauty Shop 9:15 Exercise 10:00 Would You Rather 2:00 Fall Expressions 4:00 Afternoon Melodies 6:00 Conversation Club & Reminisce	24 9:30 Stretch & Flex 10:30 Fall Conversations 2:15 Helen's Piano 6:00 Hand Massage & Relaxation	25 9:30 Noodle Ball 10:30 Sweet Stories 2:30 Reminisce 6:00 Movie & Popcorn:	26 10:00-11:30 Trick or Trick 1:15 Ace Bingo 6:30 Manicures I
27 10:00 Rosary & Catholic Visitors 3:00 Worship Service 6:30 Hymns Sing	28 9:30 Exercise with US 10:00 Visits with Renee 11:00 Looking Ahead to November 2:15 Out and About 3:30 Reminisce 6:00 Documentary:	29 10:00 AM Exercise 11:30 Visits with Kathy 2:00 Flower Arranging 6:30 Adult Coloring	30 Beauty Shop 10:00 Exercise 1:30 Happy Feet 4:00 I Hear Memories 6:00 Conversation Club & Reminisce	31 9:30 Stretch & Flex 10:00 Halloween Games 2:15 Helen's Piano 3:00 Afternoon Snack 4:00 Happy Feet 6:00 Hand Massage & Relaxation	October 2018 	