

Activities are subject to change, please see daily sheets posted at Cambrian  Beauty Salon & Manicures by Appointment			1. Beauty Shop 10:30 Morning Exercise 1:30 Walking Club 2:15 Snack Social 2:45 Bible Study 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	2 9:30 Stretch & Flex 10:00 Trivia 2:00 Helen's Piano 3:00 Thirsty Thursday 6:00 Hand Massage & Relaxation	3 Podiatry 9:30 Morning Music 9:45 Bible Study/Ron 2:00 Drum Circle 10:45 AM Games 3:00 Music & Mocktails 6:00 Movie Night:	4 9:15 Morning Music 11:00 Conversation Club 1:10 Tigers Baseball 1:30 Happy Feet 2:30 Snack Social 4:00 Reminisce 6:30 Manicures
5 10:00 Rosary & Catholic Visitors 1:00 Cinco De Mayo Hats 3:00 Worship Service (AL) 6:30 Hymn Sing	6 9:30 Tai Chi 10:00 Volunteer Visits 1:30 Happy Feet 2:30 Snack Social 2:45 Ladies Bible Study 4:00 Rest & Relax 6:00 Monday Movie	7 10:00 AM Exercise 11:00 Volunteer Visits 2:00 Flower Arranging 2:30 Snack Social 3:30 Time Slips 4:00 Rest and Relax 6:00 Adult Coloring	8 Beauty Shop 9:30 Morning Exercise 1:30 Walking Club 2:15 Snack Social 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	9 9:30 Stretch & Flex 10:00 Trivia 2:00 Piano with Helen 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation	10 9:30 Morning Music 10:00 Zumba Gold 10:30 Bible Study/Tom 1:30 Happy Feet 2:10 Tigers Baseball 6:00 Movie & Popcorn: <i>The Pride of the Yankees</i>	11 9:15 Morning Music 2:10 Tigers Baseball 2:30 Snack Social 3:00 Manicures 4:00 Rest & Relax 6:30 <i>Sentimental Reflections</i>
12 10:00 Rosary & Catholic Visitors 2:10 Tigers Baseball 2:15 Snack Social 3:00 Worship Service 6:30 Hymns Sing	13 9:30 Tai Chi 10:00 Volunteer Visits 10:30 Craft Connection 11:00 Piano 2:30 Snack Social 6:00 Monday Movie	14 10:00 AM Exercise 11:00 Volunteer Visits 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest and Relax 6:00 Adult Coloring 6:40 Tigers Baseball	15 Beauty Shop 9:30 Morning Exercise 10:45 Lunch Outing 1:30 Happy Feet 2:15 Snack Social 2:45 Bible Study 3:00 Rest & Relaxation 6:00 Conversation Club 6:40 Tigers Baseball	16 9:30 Stretch & Flex 10:00 Men's Group (AL) 1:10 Tigers Baseball 1:30 Happy Feet 2:00 Piano with Helen 2:30 Snack Social 6:00 Hand Massage & Relaxation	17 9:30 Morning Music 10:00 Intergenerational Playdate 2:30 Snack Social 3:00 Music & Mocktails 4:00 Rest & Relax 6:00 Movie Night	18 9:15 Morning Music 11:00 Noodle Ball 2:30 Snack Social 3:00 Manicures 4:00 Rest and Relax 6:30 Sentimental Reflections
19 10:00 Rosary & Catholic Visitors 1:10 Tiger Baseball 2:15 Snack Social 3:00 Worship Service (AL) 6:30 Hymns Sing	20 9:30 Tai Chi 10:00 Volunteer Visits 10:30 Bowling Outing 2:30 Snack Social 4:00 Rest & Relaxation 6:30 Monday Movie:	21 10:00 AM Exercise 11:00 Volunteer Visits 2:00 Flower Arranging 2:30 Snack Social 3:30 Time Slips 4:00 Rest and Relax 6:00 Adult Coloring	22 Beauty Shop 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:15 Snack Social 2:45 Bible Study 3:30 Rest and Relaxation 6:00 Conversation Club	23 10:00 Exercise/ Trivia 1:30 Happy Feet 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation	24 9:30 Bible Study 10:00 Exercise 3:30 Music & Mocktails 4:00 Rest & Relax 6:00 Movie Night: <i>The King & I</i>	25 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 3:00 Manicures 4:00 Reminisce 6:30 <i>Sentimental Reflections</i>
26 10:00 Rosary & Catholic Visitors 2:15 Snack Social 3:00 Worship Service(AL) 6:30 Hymns Sing	27 9:30 Morning Movement Memorial Day Parade 4:00 Rest & Relaxation 6:30 Monday Movie:	28 10:00 AM Exercise 11:00 Volunteer Visits 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest & Relaxation 6:00 Adult Coloring	29 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:15 Snack Social 2:45 Bible Study 3:30 Rest and Relaxation 6:00 Conversation Club	30 10:00 Exercise/ Trivia 1:30 Happy Feet Garden Outing 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation		