


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Outings scheduled weather permitting. Activities are subject to change, please see daily sheets posted at Cambrian	 Beauty Salon & Manicures by Appointment	<h1>February 2019</h1>			1 WEAR RED DAY~ 9:30 Morning Music 10:00 Would You Rather 3:00 Music & Mocktails 6:00 Movie Night: <i>Eight Below</i>	2 Groundhog Day 9:15 Morning Music 11:00 Conversation Club 1:30 Happy Feet 2:30 Snack Social 4:00 Reminisce 6:30 Manicures
3 Super Bowl 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Super Bowl New England Patriots vs Los Angeles Rams	4 9:30 Tai Chi 10:00 Visits with Volunteer 11:00 Mass (AL) 1:30 Happy Feet 2:30 Snack Social 3:00 Short Stories 4:00 Rest and Relax 6:00 Monday Movie:	5 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	6 Beauty Shop 9:30 Morning Music 10:30 Craft Connection 1:45 Walking Club 2:30 Snack Social 4:00 Rest and Relax 6:00 Conversation Club & Reminisce	7 Manicures 9:30 Stretch & Flex 10:00 Trivia 2:00 Piano with Helen 2:30 Thirsty Thursday 3:30 Reminisce 4:00 Rest and Relax 6:00 Hand Massage & Relaxation	8 10:00 Exercise 1:30 Happy Feet 2:00 Drum Circle 2:30 Snack Social 4:00 Rest and Relax 6:00 Movie & Popcorn: <i>Parent Trap</i>	9 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 3:30 4:00 Rest & Relax 6:30 Manicures / <i>Sentimental Reflections</i>
10 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	11 Presidents Day 9:30 Tai Chi 10:00 Visits with Volunteer 10:30 Craft Connection 11:00 Piano 2:30 Snack Social 3:00 Short Stories 6:00 Monday Movie: <i>Bewitched</i>	12 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	13 Beauty Shop 9:30 Zumba Gold 10:30 Craft Connection 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 6:00 Conversation Club & Reminisce	14 Valentine's Day 9:30 Stretch & Flex 10:00 Trivia 1:30 Happy Feet 2:00 Piano with Helen 2:30 Valentine's Party & Maranda Music 6:00 Hand Massage & Relaxation	15 9:30 Morning Music 10:00 Exercise 2:30 Valentine Tea 3:00 Music & Mocktails 4:00 Rest & Relax 6:00 Movie Night: <i>The Wedding Planner</i>	16 9:15 Morning Music 11:00 Conversation Club 1:00/1:15 Valentine Concert with Love Songs (AL) 2:30 Snack Social 4:00 Rest and Relax 6:30 Manicures/ Sentimental Reflections
17 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	18 9:30 Tai Chi 10:00 Visits with Volunteer 10:30 Bowling Outing 2:30 Snack Social 3:00 Short Stories 4:00 Rest & Relaxation 6:30 Monday Movie: <i>A Walk To Remember</i>	19 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 3:30 Cookie Club 4:00 Rest and Relax 6:00 Adult Coloring	20 Beauty Shop 9:30 Music and Movement 10:00 Toss Across 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 4:00 Rest & Relax 6:00 Conversation Club & Reminisce	21 Manicures 10:00 AM Exercise/ Trivia 1:30 Happy Feet 2:30 Thirsty Thursday 4:00 Rest and Relax 6:00 Hand Massage & Relaxation (AL)	22 9:45 Bible Study 10:00 Exercise 3:30 Music & Mocktails 4:00 Rest and Relax 6:00 Movie Night: <i>The Help</i>	23 9:15 Morning Music 11:00 Conversation Club 2:30 Snack Social 4:00 Reminisce 6:30 Manicures / <i>Sentimental Reflections</i>
24 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	25 9:30 Tai Chi 11:00 Reminisce 1:30 Dresses of Yesterday 3:00 Short Stories 4:00 Rest & Relaxation 6:00 Netflix Night	26 10:00 AM Exercise 11:00 Visits with Volunteer 2:00 Flower Arranging 2:30 Snack Social 4:00 Rest & Relaxation 6:00 Adult Coloring	27 Beauty Shop 9:30 Music and Movement 10:30 Craft Connection 1:30 Happy Feet 2:30 Snack Social 3:00 Rest and Relaxation 6:00 Conversation Club & Reminisce	28 9:30 Stretch & Flex 10:00 Trivia 2:00 Helen's Piano 3:00 Thirsty Thursday 6:00 Hand Massage & Relaxation	