

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>3:00 Worship Service (AL)</b>	<b>2</b> 9:00 Zumba Gold 11:00 Catholic Mass (AL) 1:10 Tigers Baseball 2:00 Celebrating a Birthday 3:00 Adult Coloring	<b>3</b> 10:00 Tai Chi 10:00 Cookie Club 1:00 Happy Feet 3:00 Healthy Snack 6:00 Adult Coloring	<b>4</b> 9:00 Garden Club 10:00 Music to My Ears 2:20 Tigers Baseball 1:30 American Sing a Long 3:00 Healthy Snack 6:00 Travel America	<b>5</b> 9:30 Sit and Be Fit 10:30 Noodle Ball 3:00 Healthy Snack 6:30 Hand Massage & Relaxation 7:10 Tigers Baseball	<b>6</b> 9:00 Garden Club 9:30 AM Stretch 3:00 Healthy Snack 6:30 Movie & Popcorn: 7:10 Tigers Baseball	<b>7</b> 10:30 Parachute 2:30 Happy Feet 4:10 Tigers Baseball 6:30 Manicures
<b>8</b> 3:00 Worship Service (AL) 6:30 Hymn Sing	<b>9</b> 9:00 Garden Club 9:30 Zumba Gold 1:30 Open Art Class 1:30 Happy Feet 3:00 Conversation Club 6:00 Monday Night Movie:	<b>10</b> 10:00 Tai Chi 10:00 Cookie Club 1:00 Happy Feet 3:00 Healthy Snack 6:00 Adult Coloring 7:10 Tigers Baseball	<b>11 Beauty Shop/ Manicures</b> 9:00 Garden Club 10:00 Music to My Ears 12:10 Tigers Baseball 1:30 Name That Tune 6:00 Conversation Club & Reminisce	<b>12</b> 9:30 Zumba Gold 9:30 Cardio Drumming 1:30 Picnic Prep 2:00 Helen's Piano 6:30 Hand Massage & Relaxation	<b>13</b> 9:00 Picnic Prep 12:00 Picnic 2:00 Piano with Jim 3:00 Mocktails 3:30 Finish the Phrase 6:30 Movie & Popcorn:	<b>14</b> 9:30 Noodle Ball 10:30 Finish the Phrase 3:00 Happy Feet 4:10 Tigers Baseball 6:30 Manicures
<b>15</b> 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	<b>16</b> 9:00 Garden Club 9:15 Summer Sing a long 3:00 Finish the Song Title 6:00 Monday Night Movie 7:10 Tigers Baseball	<b>17</b> 10:00 Tai Chi 10:30 Reminisce Stories 2:15 Drum Circle <b>6:00 Band Concert (AL)</b> 8:15 Tigers Baseball	<b>18 Beauty Shop</b> 9:00 Garden Club <b>9:30 Fishing Trip/ Dexter Trout Farm</b> 2:15 Tigers Baseball 3:30 Jokes and Riddles 6:00 Conversation Club & Reminisce	<b>19</b> 9:30 Stretch & Flex 10:15 Art Appreciation 1:30 Happy Feet 2:00 Helen's Piano 6:00 Hand Massage & Relaxation	<b>20 Podiatry</b> 9:00 Garden Club 9:30 Bible Study/Tom <b>10:00 Intergenerational Playdate</b> 3:30 Music & Mocktails 6:00 Movie & Popcorn: Grease	<b>21</b> <b>9:30 Out and About, the Tour of the Lakes</b> 10:15 Noodle Ball 3:00 Courtyard Games 6:00 Tigers Baseball
<b>22</b> 3:00 Worship Service (AL) 6:30 Hymns Sing	<b>23</b> 9:00 Garden Club 9:30 Zumba Gold 10:30 Piano with Dorothy 3:00 You Tube It 6:30 Monday Movie: 8:15 Tigers Baseball	<b>24</b> 9:00 Tai Chi 10:00 Cookie Club 2:30 Basketball 3:30 Happy Feet 4:00 Discussion Group	<b>25 Beauty Shop</b> 9:00 Garden Club 9:30 Exercise 10:30 Trivia 2:15 Tigers Baseball 4:00 Afternoon Melodies 6:00 Conversation Club & Reminisce	<b>26</b> <b>9:30 Out and About Bus Ride, Hidden Lake</b> 1:30 Happy Feet 2:00 Helen's Piano 6:00 Hand Massage & Relaxation	<b>27</b> 9:00 Garden Club 10:00 AM Streach 2:00 Piano with Jim 3:30 Mocktails 6:00 Movie & Popcorn:	<b>28</b> 2:30 Coffee Hour 6:10 Tigers Baseball 6:30 Manicures
<b>29</b> 10:00 Rosary & Catholic Visitors 6:30 Hymns Sing	<b>30</b> 9:00 Garden Club 9:30 Passport to Wellness 11:00 Looking Ahead to August 2:00 Healthy Snack 3:30 Dixieland Band (AL) 6:30 Monday Movie:	<b>31</b> 9:00 Tai Chi 10:00 Cookie Club 2:30 Courtyard Games 3:30 Happy Feet 4:00 Discussion Group				(AL)= Assisted Living  Beauty Salon & Manicures by Appointment : <b>Trips could be canceled due to extreme temperatures, please check daily schedules for adjustments &amp; changes.</b>