

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

February



February					1 9:30 Sit and Be Fit 10:30 Noodle Ball 11:00 Shadow Box Project 2:00 Helen's Piano 3:30 Valentine's Project 6:30 Hand Massage & Relaxation	2 9:00 Tai Chi 10:30 Quilt Club 1:00 Let's Go the Hop (AL) 3:00 Mocktails & Music 6:30 Movie & Popcorn: Princess Diaries	3 10:30 Parachute 2:30 Cupid Shuffle 6:30 Manicures
4 Super Bowl Sunday 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Super Bowl Eagles vs. Patriots	5 9:00 Passport To Wellness 10:00 Valentine's Trivia 11:00 Catholic Mass (AL) 2:30 Share & Tell 6:00 Monday Night Movie: <i>Shirley Temple</i>	6 9:00 Lutheran Service (AL) 10:00 Tai Chi 10:00 Cookie Club 1:30 Cupid Shuffle 6: 00 Adult Coloring	7 Beauty Shop 10:00 Music & Movement 2:30 Valentine's Pretzels 3:30 Name That Tune 6:00 Conversation Club & Reminisce	8 9:00 Cardio Drumming 11:00 Big Boy Outing 2:00 Helen's Piano 3:00 Embellish My Zimmer 6:30 Hand Massage & Relaxation	9 Ground Hog Day 9:00 Zumba Gold 10:30 Reminisce 11:00 Let's Go the Hop (AL) 2:00 Piano Bar 3:30 Finish the Phrase 6:30 Movie & Popcorn: <i>Anne of Green Gables</i>	10 9:30 Noodle Ball 10:30 Finish the Phrase 1:00 Piano Concert: Love Songs (AL) 3:00 Cupid Shuffle 6:30 Manicures	
11 10:00 Rosary & Catholic Visitors 6:30 Hymns Sing	12 9:00 Passport To Wellness 10:30 Time Slips 2:30 Noodle Ball 4:00 Share with Me 6:00 Monday Night Movie: <i>Maid in Manhattan</i>	13 Fat Tuesday 8:00 Paczki's 10:00 Tai Chi 10:30 Cookie Club 10:30 Reminisce Stories 2:30 Tea Party 6:00 Adult Coloring	14 Beauty Shop 9:30 Noodle Ball 12:00 Valentine's Meal 2:30 Cookie Club 3:30 Jokes and Riddles 6:00 Conversation Club & Reminisce	15 9:00 Stretch & Flex 10:00 Craft Connection 2:00 Helen's Piano 4:30 Pet Therapy w/ Haven 6:00 Hand Massage & Relaxation	16 9:30 Bible Study/Tom 10:00 Café Prep 11:30 Cambrian Café: Pizza & Fashion Show 1:00 Drum Circle 2:30 Music & Mocktails 6:00 Movie & Popcorn: <i>Baby Boom</i>	17 10:15 Parachute 2:30 Card Shark 4:00 Reminisce 6:30 Manicures	
18 10:00 Rosary & Catholic Visitors 6:30 Hymns Sing	19 President's Day 9:00 Passport to Wellness 10:30 Morning Music 2:30 <i>Olympic Crafts</i> 3:00 You Tube It 6:30 Monday Movie <i>Daddy Long Legs</i>	20 10:00 Moring Melodies 10:00 Cookie Club 2:30 <i>Cambrian Winter Olympics</i> 3:30 Cupid Shuffle 4:00 Discussion Group 6:30 Adult Coloring	21 Beauty Shop 9:00 Noodle Ball 9:30 Trivia 3:30 <i>Cambrian Winter Olympics</i> 4:00 Afternoon Melodies 6:00 Conversation Club & Reminisce	22 9:00 Cardio Drumming 10:00 Quilt Club 11:00 Lutheran Service 2:00 Helen's Piano 3:30 <i>Cambrian Winter Olympics</i> 6:00 Hand Massage & Relaxation	23 9:00 <i>Tai Chi</i> 10:30 Noodle Ball 11:00 Trivia Time 2:00 Piano Bar 3:30 <i>Cambrian Winter Olympics</i> 6:00 Movie & Popcorn: <i>Secret Garden</i>	24 10:30 Out & About 2:30 Coffee Klatch 6:30 Manicures	
25 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	26 9:00 Noodle Ball 11:00 Looking Ahead to March 3:30 Passport to Wellness 3:30 Reminisce 6:30 Monday Movie: <i>Sweet Home Alabama</i>	27 9:00 Tai Chi 10:00 Cookie Club 2:30 Back in History 3.:00 Healthy Heart Hike 6:30 Adult Coloring	28 Beauty Shop 9:00 Music & Movement 10:00 Bowling & Pizza, Ten Pin 4:00 I Hear Memories 6:00 Conversation Club & Reminisce			(AL)= Assisted Living Beauty Salon & Manicures by Appointment :  Trips could be canceled due to extreme temperatures, please check daily schedules for adjustments & changes.	