

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 2018 Happy New Year! 9:00 Noodle Ball 2:00 Reminisce 5:00 Rose Bowl Football Game	2 Un-Hanging of the Greens All Day 3:30 Snowman Painting 6:30 Adult Coloring	3 9:30 Zumba Gold 10:00 Grandmas Attic 2:00 Cambrian Horse Race 3:03 Finish the Phrase 6:00 Conversation Club & Reminisce	4 9:00 Music and Movement 10:30 Would You Rather 2:00 Helen's Piano 3:30 Watercolors 6:30 Hand Massage & Relaxation	5 9:00 Tai Chi 9:30 Trivia Time 2:00 Celebrating 2018 Project 3:00 Bean Bag Toss 6:30 Movie & Popcorn:	6 10:30 Parachute 2:30 Music for the Soul 6:30 Manicures
7 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:00 Hymn Sing	8 Beauty Shop 9:30 Stretch & Flex 11:00 Catholic Mass (AL) 1:30 Snowman Bowling 3:00 Elvis History/ Birthday 6:00 Monday Night Movie:	9 10:30 Stretch & Flex 11:00 Travelogue 12:30 Birthday Celebration 2:30 Afternoon Spa 6:00 Adult Coloring	10 9:30 Zumba Gold 10:00 Grandmas Attic 2:30 Wild World Zoo At Cambrian 3:00 Finish the Phrase 6:00 Conversation Club & Reminisce	11 10:30 Music and Movement 11:00 Would You Rather 2:00 Helen's Piano 3:30 6:30 Hand Massage & Relaxation	12 Podiatry 9:30 Tai Chi 11:00 Instant Pot Recipe 2:00 Hot Chocolate Bar 3:30 Finish the Phrase 6:30 Movie & Popcorn:	13 9:30 Noodle Ball 9:30 Short Stories 3:00 Trivia 6:30 Manicures
14 10:00 Rosary & Catholic Visitors 6:30 Hymns Sing	15 Beauty Shop 9:30 Passport to Wellness 10:30 Time Slips 2:30 Snowball Toss 4:30 Fireplace --- 6:00 Monday Night Movie: Martin Luther King Day	16 10:30 Stretch & Flex 1:00 Cookie Club 1:30 Snowman Shuffle 2:30 Poetry Out Loud 6:00 Adult Coloring	17 9:30 Zumba Gold 10:30 Painting 3:30 Art Appreciation 6:00 Conversation Club & Reminisce	18 10:00 Music & Movement 10:30 Basket-Ball 2:00 Helen's Piano 3:30 National Popcorn Day 3:30 Woodshop	19 9:30 Bible Study/Tom 10:30 Bake with ME 2:00 Drum Circle 2:30 Tea Time 6:00 Movie & Popcorn:	20 10:15 Parachute 2:30 Card Shark 3:30 Snowman Shuffle (Indoor Walk) 6:30 Manicures
21 10:00 Rosary & Catholic Visitors Lion's Football 6:30 Hymns Sing	22 Beauty Shop 9:30 Passport to Wellness 1:30 Painting Quilt 2:00 Reminisce 3:00 You Tube 6:30 Monday Movie:	23 10:30 Stretch & Flex 2:30 Out & About/ Ice Sculptures 1:30 Crossword Club 3:00 Snowman Shuffle 6:30 Adult Coloring	24 9:30 Zumba Gold 10:30 In the News 1:30 Woodshop 4:00 I Hear Memories 6:00 Conversation Club & Reminisce	25 10:00 Music & Movement 2:00 Helen's Piano 3:30 Snowball Toss 6:00 Hand Massage & Relaxation 6:30 Caregiver Alzheimer's Support Group (AL)	26 9:30 Tai Chi 12:00 Fast Food Friday 2:00 Piano Bar 3:00 Sensory Group 6:00 Movie & Popcorn:	27 10:30 Noodle Ball 3:30 3:30 Snowman Shuffle (Indoor Walk) 6:30 Manicures
28 10:00 Rosary & Catholic Visitors 3:00 Worship Service (AL) 6:30 Hymns Sing	29 Beauty Shop 9:30 Stretch & Flex 10:30 Kazoo Club 1:30 Painting Quilt 3:00 You Tube 6:30 Monday Movie:	30 9:30 Noodle Ball 1:00 Cookie Club 2:30 Poetry 3:00 Snowman Shuffle 6:30 Adult Coloring	31 10:30 Zumba Gold 10:30 Bake with Me 4:00 I Hear Memories 6:00 Conversation Club & Reminisce	Beauty Salon & Manicures by Appointment  Trips could be canceled due to extreme temperatures, please check daily schedules for adjustments and changes.		

January 2018